

Food Security Resources at University of Illinois, Urbana-Champaign

Student Affairs, Campus Recreation – Student Wellness

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Learning Objectives



- **Define Food Insecurity**
- **Introduce Food Assistance and Wellbeing Program(FAWBP)**
- **Understand the demographics and current statistics at FAWBP**
- **Current Partnership and Beyond**



FOOD INSECURITY ON COLLEGE CAMPUSES



DEFINE FOOD INSECURITY



- **Food insecurity:** a lack of consistent access to enough food for an active and healthy life (USDA)
- 15.5% of Americans are food insecure (2023, USDA)
- **Hunger:** personal physical sensation of discomfort (USDA)

FOOD INSECURITY ON COLLEGE CAMPUSES

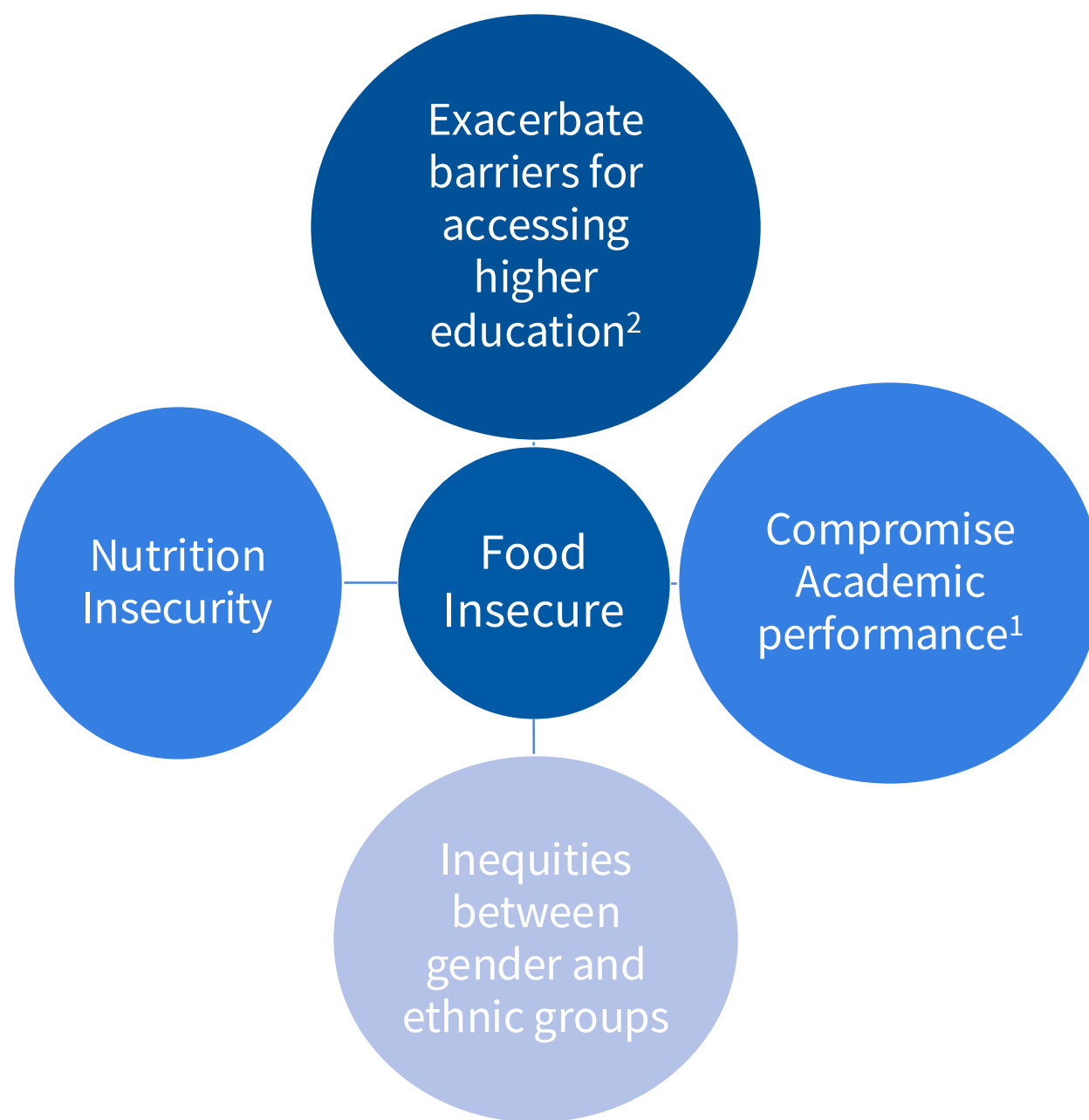


- Based on 2019-20 National Postsecondary Student Aid Study (NPSAS:20) published by NCES, **23% of undergraduates, and 12% of graduate students**, are experiencing food insecurity¹
- In other words, more than 4 million students are food insecure.
- At UIUC, about 22% of students have experienced food insecurity²

FOOD INSECURITY ON COLLEGE CAMPUSES



- High level of food insecurity exist among systemically marginalized student population
 - Black or African American (34.6%) vs White (18%)
 - Native Hawaiian, or other Pacific Islander (32.6%)
 - American Indian or Alaska Native (29.9%)
 - LGBTQ+ (35%) vs women (24.3%) vs men (19.7%)
 - Students with a disability (35.7%) vs without (19.1%)
 - Single parent (37.3%) vs not (20.8%)



1. Weaver, Vaughn, Hendricks, McPherson-Myers, Jia, Willis, & Rescigno (2020). J of ACH, 68(7), 727–733.
2. Abelson, McKibben, Wu (2023). <https://hope.temple.edu/npsas>



Food Assistance and Wellbeing Program at the ARC



INTRODUCTION



- The Food Assistance and Well-Being Program (FAWB) started in the Fall of 2020 in collaboration with Wesley Food Pantry and Eastern Illinois Food Bank with the purpose of creating an emergency food pantry program without stigma on the University of Illinois Champaign Urbana campus

OUR MISSION



- Provide the University of Illinois food-insecure student community with free access to nutritious food without stigma



TOUR with Campus Rex



- <https://youtu.be/H75PW9Vep9o>

OUR GOALS



1. Increase student **knowledge** and, when appropriate, utilization of food assistance programming
2. Increase student **awareness** and knowledge of existing food insecurity community resources
3. Develop and implement programming to **fill the gaps in community** offerings for students of Illinois

Qualifications for Access



- An **Active i-card** and **register at least six credit hours**
- The visitors can choose and take what they like for free based on the limit guideline assigned
- Every week, students can choose one of the following three services that best fits their needs and availability.
 - ARC Food Assistance & Well-being Program
 - CRCE Locker Pickup
 - Wesley Food Pantry



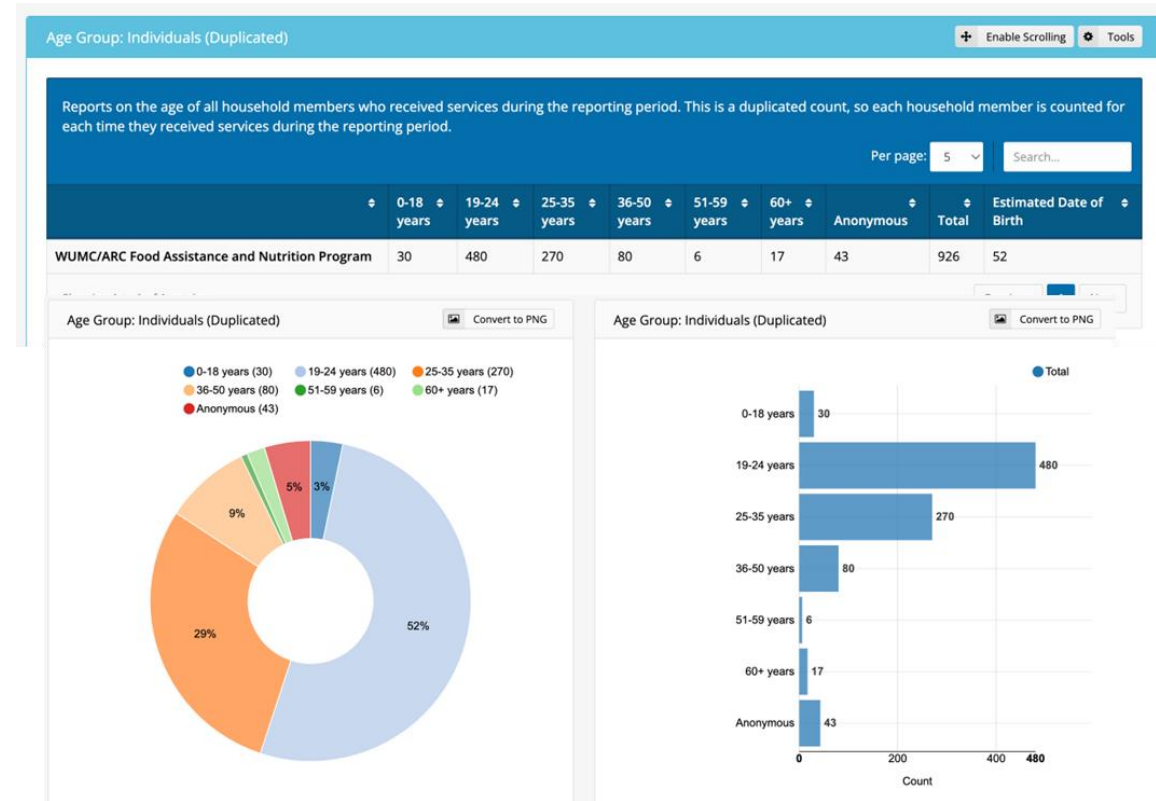
PANTRY VISIT DATA

Total Visits in FY24:

- Duplicate: 2814 individuals
- Unique: 749 individuals

Current semester

- Total: 462 individuals VS 378 in 2023 (25%+)
- Unique: 204 individuals VS 174 in 2023 (16%+)





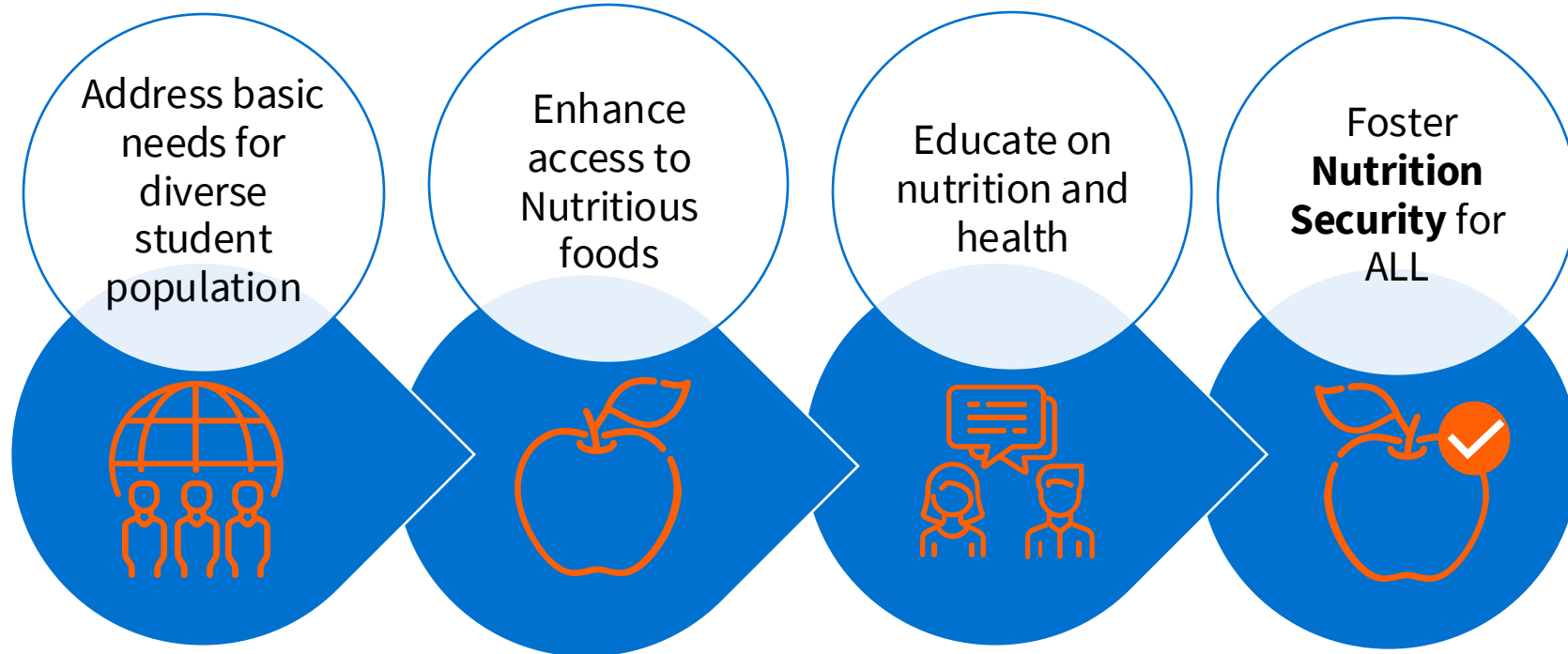
Resources in the Community

Our Partnerships



- **Wesley Food Panty**
 - Eastern Illinois Food Bank
- **Sustainable Student Farm**
- **Meat & Egg Sale**
- **Local Food Distributors**
- **Academic Departments (FSHN for peer support)**

OUR FUTURE GOALS





THANK YOU!

