

Board Presentation to the Illinois Board of Higher Education on November 12, 2025



#### **BACKGROUND**

- 2018: A bipartisan group of IL state legislators sponsored a resolution declaring that *Illinois is* suffering from a behavioral healthcare workforce emergency.
- 2019: A task force created to study the problem recommended the creation of a behavioral health workforce center.
- 2022: The Center was funded.
  - Southern Illinois University primary hub
  - University of Illinois Chicago secondary hub

Pre-pandemic data: 23.3% of Illinoisans' mental health needs met by its workforce (Kaiser Family Foundation).

The pandemic increased needs and accelerated loss of behavioral health providers.

Faced with unmanageable demand for services, many agencies have now closed their waitlists, leading to untreated mental health issues and increased use of emergency services.

### **OUR PARTNERS**

















## ILLINOIS FACES A **BEHAVIORAL HEALTH WORKFORCE SHORTAGE** AFFECTING EVERY COUNTY AND SETTING.

High turnover and unfilled vacancies—especially in rural areas—lead to long wait times across psychiatry, psychology, social work, counseling, occupational therapy, and substance use prevention.

Insufficient training and

limited continuing education mean residents often lack access to evidence-based, cutting-edge care.

Illinois ranks 22nd in population-to-mental health professional ratio (349:1).

Only 22% of mental health needs are met with the current workforce.

The Behavioral Health
Workforce Center
(BHWC) was established
in 2021 as part of the
Health Care and Human
Services Reform Act



The BHWC will increase access to effective behavioral health services through coordinated initiatives to recruit, educate, and retain professionals in behavioral health.





#### **CENTER GOALS**

#### Strengthen the behavioral health care system in Illinois by achieving the following:

- 1 Assess the shortage and needs of the behavioral health workforce across the state on an on-going basis to provide information on areas with the most critical need.
- Increase the number and diversity of behavioral health workers, including individuals with lived expertise, social workers, counselors, psychologists, psychiatrists, and other mental health professionals providing effective behavioral health services across the state.
- Identify and address barriers to behavioral health care workforce recruitment, training, and retention.
- 4 Increase quality of care through support for training initiatives.
- Increase access to services by increasing the capacity of providers to address behavioral health and substance use needs in primary health care settings through effective telehealth services and in non-traditional settings.

# BHWC PILLARS OF WORK

PATHWAYS

RECRUITMENT
& RETENTION

TRAINING

#### **Strategic Planning Process**

Afton Partners was selected by SIU School of Medicine via a competitive RFP process Four workshops aligned towards a practical vision, identified roadblocks, and outlined ideas for strategic directions and success measures

Put all the pieces together into a comprehensive 3 year strategic plan



Stakeholder Engagement Strategic
Planning Team
Workshops

Leadership Prioritization Strategic Plan!



Reviewed 20+ reports and engaged stakeholders through 3 interviews, 9 focus groups, and 53 survey responses Refined the priorities and made final decisions from the input provided by the Strategic Planning Team



#### **VISION**

Illinois's behavioral health workforce will have the capacity and skills to meet the needs of all state residents.

#### **MISSION**

The BHWC will increase access to effective behavioral health services through coordinated initiatives to recruit, educate, and retain behavioral health professionals.

#### **PRIORITIES**

In 3-5 years, the BHWC will have leveraged its subject matter expertise and collaborative partnerships to contribute to:

- **Enhancing access** to a diverse, prepared, and robust behavioral health workforce
- Developing **clear**, **accessible**, **and expanded career pathways** for behavioral health utilizing existing career pathways for health professions as well as pathways specific to behavioral health
- Providing effective and accessible clinical training and professional development
- Reducing administrative burden and recommending policy improvements for behavioral health workers
- Ensuring **adequate and substantial supports** and reimbursement rates for behavioral health services and providers
- Tracking Illinois behavioral health workforce and data trends





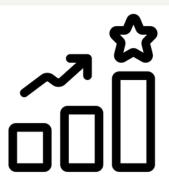
# Strengthen and expand behavioral health curriculum and clinical training experiences

**Objective 1:** Reduce the identified skill gaps in the workforce

Objective 2: Increase the number of clinical placements in rural and underserved regions

**Objective 3**: Increase the number of Illinois students who stay in the state for post-graduate residency and internship training





# Strengthen educational advancement across systems

Objective 1: Increase the number of students pursuing a degree in behavioral health programming

Objective 2: Address recruitment and retention of underrepresented candidates across professions





## Build and utilize evidence to develop policy recommendations

Objective 1: Utilize data to drive policy

**Objective 2**: Provide data to support the state's investment in increasing the behavioral health workforce



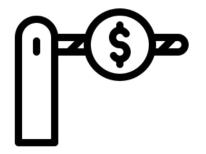


# Strengthen pre-career programs and awareness

**Objective 1:** Increase awareness of behavioral health careers

Objective 2: Increase participation in behavioral health-focused career pathways





## Address financial barriers to behavioral health education and workforce entry

**Objective 1:** Reduce student loan burden for students graduating from behavioral health education and training programs





# Support and retain the incumbent workforce in providing high quality care

Objective 1: Increase capacity to promote effective behavioral health services in high-need areas shown to have significant training gaps

Objective 2: Support retention of behavioral health providers through targeted programs

Objective 3: Implement a framework for a culturally responsive behavioral health workforce

**Objective 4**: Support primary care providers in the delivery of behavioral health services





Thank you!!
Questions???

Kari M. Wolf, MD

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Visit IllinoisBHWC.org to learn more.